

**Carers Support Volunteer**

**Purpose of the role**

Our Carer Support Volunteers play a vital role in identifying and supporting unpaid carers at University Hospital Southampton.

**Key tasks**

* Speaking to hospital staff to see if there are any unpaid carers who may need additional support.
* Encouraging carers and young carers to identify as carers on the wards.
* Distributing feedback forms and collecting them.
* Distribution of leaflets on wards and raising the awareness of the Carers Support Services.
* Distribution of carers meal vouchers to wards.
* Attending community events to promote Carers Support Services.

**Skills, experience, and qualities needed** -

* Have good communication and interpersonal skills.
* Enthusiastic about Southampton Hospitals Charity and the Carers Support Services.
* Willing to work as part of a team.

**When and where -**

The amount of time you can offer will be dependent on you and your other commitments, but this role is very flexible. Our office is based at University Hospital Southampton, but you may at times be asked to work in the local area.

**Support offered -**

In return for your valuable help, we aim to ensure that volunteering for the Southampton Hospitals Charity is a fulfilling and worthwhile experience. You will have support from staff, with the opportunity to gain and develop skills and meet other volunteers.

**What is in it for you?**

* Development of your knowledge and skills
* Development of your communication, customer service & organisational skills.
* Volunteering is a fantastic addition to your CV, and you can receive a reference after 3 months of being a part of the team.
* Your time will contribute to ensuring the Southampton Hospitals Charity is able to continue its vital work.
* A flexible role where you can dedicate as much time as you want.