



**Southampton  
Hospitals  
Charity**

Charity Registration Number: 1206909

# Cancer Wellbeing Therapy

Your generosity can bring comfort and healing to cancer patients at University Hospital Southampton, providing holistic care that nurtures both body and soul.

## Supporting Patients Beyond Treatment

Being diagnosed with cancer is a life-altering experience, bringing not just physical challenges but also emotional and mental stress.

Thanks to your commitment, we've introduced a specialist Cancer Wellbeing Therapy program designed to support patients throughout their treatment journey.

Our specialist therapist, Grace Tarr, brings over 13 years of experience in delivering safe, comforting therapies to patients undergoing cancer treatment.

**"Grace is truly amazing! She has brought so much joy at such a scary time of my life."**

**— K.T., Cancer Patient**

Grace's therapies include body massages, scalp treatments, manicures, pedicures, and facials, all tailored to meet the unique needs of those living with cancer. By providing these services directly at the bedside or in the ward, Grace helps patients feel more like themselves during a difficult time.

Cancer treatment often brings side effects like dry skin, brittle nails, hair loss, and other changes that can be distressing. Our wellbeing therapy offers more than just physical relief; it provides emotional comfort, a sense of normality, and a moment of peace amidst the chaos of treatment.



**"With all the sea of pain and anxiety, it was very relaxing, and it took me out of myself."**

**— Cancer Patient**

# 1,800

patients each year find comfort and healing through the life-changing Cancer Wellbeing Therapy program.



*Cancer patient receiving the soothing touch of Cancer Wellbeing Therapy at their bedside, helping restore a sense of normality and comfort during a challenging time.*

