



**Southampton
Hospitals
Charity**

Charity Registration Number: 1206909

Embracing the Power of Art

This initiative, supported by your generosity, is transforming our hospital spaces into vibrant, comforting environments that uplift and inspire everyone who passes through our doors.

Like you, we believe that healing goes beyond just medical treatment—it involves nurturing the whole person, including their emotional and mental wellbeing.

Through the power of art, we strive to create an environment that nurtures patients' wellbeing and rejuvenates their spirits.

“Art has the power to heal, soothe, and connect. With this strategy, we’re creating spaces where patients, staff, and visitors can find comfort, inspiration, and even a little joy during difficult times.”

— Dr. Neda Mohamadi, Arts Curator, Southampton Hospitals Charity

The Arts Strategy 2024-2027

Southampton Hospitals Charity is proud to introduce our new Arts Strategy for 2024-2027 this year. We aim to transform our hospital spaces into vibrant, comforting environments that uplift and inspire everyone who passes through our doors.

This ambitious three-year plan is designed to integrate the arts deeply into the fabric of our hospital and initiate clinical research projects to measure the impact of arts interventions on patient outcomes.

With your continued support, we

believe we can make University Hospital Southampton a place where art and healing come together to improve lives. The strategy includes:

Art for Wellness Programs: Expanding art therapy and creative workshops for patients, offering a therapeutic outlet that promotes recovery.

Community Engagement: Partnering with local artists, cultural organisations, schools, and community centres to bring the power of art and the community to the hospital

Healing Art Installations: Using art to create more intuitive, welcoming environments through improved wayfinding systems, as well as enhancing waiting areas and corridors with art installations that reduce stress and anxiety.

Patient Arts Programmes: Patients will be able to showcase their creative talents within the hospital. A digital platform will also be created for patients to access art, music, and literature as part of their recovery process.



A series of clay workshops for our dementia patients were developed to accommodate the participants' abilities.