

Art & Music Hospital Volunteer

Purpose of the role

As an Art & Music Volunteer, you'll help make a meaningful difference to patients, families, and staff across the hospital. You will support the hospital charity by attending weekly Art and Music sessions, offering encouragement, companionship, and practical help to patients taking part.

You'll spend time chatting with patients, supporting them during activities, and helping to create a welcoming, relaxed environment that encourages participation.

These sessions take place on Bassett Ward and in the MOP Hub, which support older patients and those living with dementia.

All sessions are led by a tutor, and volunteers play an important role in supporting patients to engage, feel comfortable, and enjoy the experience.

Key tasks

- Create a warm, friendly, and welcoming atmosphere during sessions
- Encourage patients to take part and engage in activities
- Provide practical support to patients during the sessions
- Chat with patients and offer companionship
- Engage positively with hospital staff, patients, and families
- Support the collection of feedback about the sessions

Skills, experience, and qualities needed -

- Friendly, approachable, and confident engaging with older patients and those living with dementia.
- Good organisational skills with the ability to multitask and pay attention to detail
- Strong verbal and written communication skills.
- Able to work independently as well as part of a team.
- Professional, diplomatic, and sensitive to the needs of others.

When and where -

The role is based at Southampton General Hospital and session run every Thursday, with Music and Art sessions held on alternate weeks.

Music Sessions

🕒 11:00am – 1:00pm

🕒 2:00pm – 4:00pm

Art Sessions

🎨 11:00am – 12:00pm

🎨 2:00pm – 3:00pm

Support offered -

You'll be supported by the Charity team, who will provide guidance, training, and encouragement to help you feel confident in your role. You'll also have opportunities to connect with other volunteers, develop new skills, and contribute to a positive, supportive team environment.

What is in it for you?

- The opportunity to make a real difference to patients, families, and hospital staff.
- The chance to develop valuable personal and professional skills
- Insight into charity work and life within a hospital environment
- Boost your CV, references are available after 3 months of volunteering.
- The satisfaction of knowing your time helps Southampton Hospitals Charity continue its vital work improving patient care and wellbeing.